



NATIONAL COLLEGE OF NATURAL MEDICINE COMMENCEMENT 2013





Clap Out: June 10, 2013



National College of Natural Medicine
Commencement Ceremony
June 29, 2013
2 p.m.
Oregon Convention Center
Portland, Oregon

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ACADEMIC REGALIA

Academic regalia date to the early days of the oldest universities. A statute of 1312 required that all doctors, licentiates and bachelors of the University of Coimbra, Italy, wear gowns. The shape and size of the American hood marks the college degree of the wearer. It is possible to recognize the college or university from which the degree was obtained by identifying the colors on the center of the hood. Gowns for master's degree holders have elongated sleeves, while doctoral gowns have velvet striping on the sleeves and down the front.

Hoods from the National College of Natural Medicine are green and white for all degree programs: the Doctor of Naturopathic Medicine; the Master of Science in Oriental Medicine; the Master of Acupuncture; and the Master of Science in Integrative Medicine Research. Dual-degree recipients wear the hood of the doctoral degree and a gold cord in recognition of their master's degrees.



BRIEF HISTORY OF NCNM



National College of Natural Medicine (NCNM) is the oldest programmatically accredited naturopathic medical school in North America. Drs. Charles Stone, W. Martin Bleything and Frank Spaulding, members of the profession from Oregon, Washington and British Columbia, planned the founding of the college. The NCNM Articles of Incorporation were executed in May 1956, in Portland, Oregon.

NCNM was founded originally as a college of naturopathic medicine, which derives from the healing wisdom of many cultures. Since its founding, NCNM has sought to preserve and convey the classical modalities of naturopathy and honor the principles that guide naturopathic care:

- First do no harm
- The healing power of nature
- Identify and treat the cause
- Heal the whole person
- Doctor as teacher
- Prevention is the best cure

In the fall of 1992, the college began plans for the development of a curriculum that would emphasize the holistic spirit of the classical teachings of Oriental medicine.

In addition to a Doctor of Naturopathic Medicine (ND) degree program, a Master of Science in Oriental Medicine (MSOM)

degree program was inaugurated in 1996, followed by a Master of Acupuncture (MAc) degree program in 2008. A Master of Science in Integrative Medicine Research degree program was introduced in 2011. The college is alma mater to more than 2,200 alumni who practice in nearly every state and Canadian province, and in many foreign countries.

PROGRAM OVERVIEW: SCHOOL OF NATUROPATHIC MEDICINE

The program at the School of Naturopathic Medicine offers a distinctive approach to health and healing—an approach that considers the whole person when treating specific conditions, one that seeks to diagnose and treat root causes whenever possible. Naturopathic medicine is heir to the vitalistic tradition of medicine in the Western world. This is evidenced by its emphasis in treating disease through the stimulation, enhancement and support of the inherent healing power of the body. Chosen methods of treatment respect this natural healing process.

PROGRAM OVERVIEW: SCHOOL OF CLASSICAL CHINESE MEDICINE

The programs of the School of Classical Chinese Medicine were created to honor the deep wisdom and holistic nature of the classic teachings of Oriental medicine. Scholar-practitioners rooted in this ancient medical tradition help students to understand how human beings can live in harmony with the cycles of nature, and teach them a powerful diagnostic and therapeutic system that makes it possible to treat all kinds of patients—even those with chronic and complicated conditions.

PROGRAM OVERVIEW: SCHOOL OF RESEARCH & GRADUATE STUDIES

The program of the School of Research & Graduate Studies aims to advance the art and science of healing by training students in the design and development of integrative medicine research studies. As people face significant health challenges, the need for additional approaches to disease is increasingly evident. Research of natural therapies demonstrates that there are powerful alternatives for people to achieve wellness.

PROGRAM

COMMENCEMENT WELCOME

Marnie Loomis, ND, Alumna (2000)

Director of Professional Formation & Career Services

PROCESSIONAL

Audience Please Stand

MASTER OF CEREMONIES

Marnie Loomis, ND, Alumna (2000)

Director of Professional Formation & Career Services

INVOCATION

Roger Batchelor, DAOM

Associate Professor

STUDENT ADDRESS

Jason Lay

NCNM Classical Chinese Medicine Program, Class of 2013

Rebecca Principe

NCNM Naturopathic Medicine Program, Class of 2013

ALUMNI AFFAIRS ADDRESS

Bill Tribe

Alumni Officer

Tori Hudson, ND, Alumna (1984)

PRESIDENTIAL ADDRESS

David J. Schleich, PhD

President

COMMENCEMENT ADDRESS

Ed Smith

PROFESSIONAL LEADERSHIP AWARDS

David J. Schleich, PhD

President

Honorary Degree: Doctor of Laws

Ed Smith

Honorary Degree: Doctor of Science

Jerry Schlessler, ND, DC

Honorary Degree: Doctor of Letters

John Campbell, PhD

AWARDING OF ACADEMIC REGALIA

SCHOOL OF RESEARCH & GRADUATE STUDIES

Jeremy Mikolai, ND, Alumnus (2010)

Chief Resident Physician, Adjunct Faculty

Carolyn Nygaard, ND, Alumna, (2009)

Adjunct Faculty

SCHOOL OF CLASSICAL CHINESE MEDICINE

Rihui Long, Master of Medicine (China)

Professor

Brandt Stickley, MSTCM

Assistant Professor

SCHOOL OF NATUROPATHIC MEDICINE

Marcus Miller, MD, ND, Alumnus (2001)

Assistant Professor

Nancy A. Scarlett, ND, Alumna (1997)

Associate Professor

CONFERRING OF DEGREES

David J. Schleich, PhD

President

Heather Zwickey, PhD

Dean of the School of Research & Graduate Studies

Laurie Regan, PhD, ND, Alumna (1997)

Dean of the School of Classical Chinese Medicine

Melanie Henriksen, MSOM, MN, ND, Alumna (2005)

Dean of the School of Naturopathic Medicine

Nancy Wastcoat Garbett, MEd

Board of Directors, Chairperson

CLASSICAL CHINESE MEDICINE OATH

Heiner Fruehauf, MA, PhD

Professor

Xiaoli Chen, Doctor of Medicine (China)

Associate Professor

NATUROPATHIC PHYSICIAN'S OATH

Melanie Henriksen, ND, MSOM, MN, Alumna (2005)

Dean of the School of Naturopathic Medicine

BENEDICTION

Steve Gardner, DC, ND, Alumnus (1994)

Adjunct Faculty

CLOSING

Marnie Loomis, ND, Alumna (2000)

Director of Professional Formation & Career Services

RECESSIONAL

Audience Please Stand

MUSIC PRESENTED BY

*Phoenix Beat, NCNM Drumming Troupe and
The Symphonic Brass Quintet:*

*David Bamonte, Trumpet; Micah Wilkinson, Trumpet;
Joseph Berger, Horn; Charles Reneau, Trombone;
Ja'Ttik Clark, Tuba*

PRESENTERS *(in order of appearance)*



Marnie Loomis, ND, is NCNM's director of Professional Formation & Career Services. Dr. Loomis is responsible for helping expand placement opportunities for graduates, increasing the professional

skills of students, and increasing the visibility of naturopathic medicine and classical Chinese medicine within the greater healthcare profession. Dr. Loomis earned her ND degree from NCNM in 2000. After graduation, she spent seven years in private practice in the Portland area. She has published articles about patient care and is an avid speaker; she enjoys speaking on behalf of NCNM to professional and public audiences throughout the U.S.



Roger Batchelor, DAOM, began teaching acupuncture at NCNM in 2009. Professor Batchelor is a graduate of Southwest Acupuncture College in New Mexico and the Oregon College of Oriental

Medicine. Upon completing his clinical doctorate at OCOM, he went on to become an OCOM department chair where he taught acupuncture and qigong, participated in multiple research projects, and traveled to China four times for further study. He is an associate professor at NCNM and supervises interns at Mercy & Wisdom, one of NCNM's community clinic locations. Professor Batchelor is a licensed acupuncturist and a founding board member of the International Qigong Society.



Jason Lay graduates with NCNM's 2013 class of Classical Chinese Medicine. He was born and raised in the suburbs of Baltimore and went on to receive his bachelor's degree in Philosophy and Asian

Studies at St. Mary's College of Maryland. His experiences studying Buddhism in Thailand converged with a lifelong interest in psychology. It helped lead him toward a career in therapy. After college, he served a year with Americorps in St. Louis where he assisted a community health clinic in providing care to the medically underserved. He also studied massage therapy at Portland's Healing Arts Center. Jason is deeply grateful to have discovered an affinity for the Japanese traditions of acupuncture and plans to return to St. Louis to offer this gentle style of treatment.



Rebecca Principe grew up in Rhode Island and received her Bachelor of Science in Psychology from Trinity College in Hartford, Conn., before moving to Portland in 2000. Prior to enrolling at

NCNM, Rebecca spent her time working in social services and consumer advocacy, in between her personal travels around the world. During her time at NCNM, Rebecca has been an active leader in her class and professional organizations, as well as a vocal advocate for naturopathic medicine. She is currently serving her second term as OANP's student board member, working with its legislative committee. After graduation she hopes to join a private practice in the greater Portland area.



Bill Tribe is NCNM's alumni officer, and holds a Bachelor of Arts degree from Middlebury College in Vermont and a Bachelor of Science degree from Kansas Newman College. Bill attended NCNM from

1977-1979 and further developed a broad knowledge of naturopathic medicine while working at NCNM in several capacities during the 1980s and '90s, including a term as interim president. Bill's passion and leadership also helped form the American Association of Naturopathic Physicians (AANP), where he served as executive director. Bill was integral in developing the Council on Naturopathic Medical Education (CNME).



Tori Hudson, ND, graduated from NCNM in 1984 and has served the college in several capacities, including: medical director, associate academic dean, and academic dean. She is an honorary professor at

NCNM, Southwest College of Naturopathic Medicine and Bastyr University. Dr. Hudson has been in practice for 29 years, is the medical director of her Portland clinic, A Woman's Time, and director of product research and education for Vitanica.

Dr. Hudson was awarded the 1990 President's Award from the American Association of Naturopathic Physicians for her research in women's health, the prestigious 1999 Naturopathic Physician of the Year Award, the 2003 NCNM Alumni Pioneer Award, and the 2009

Natural Products Association Pioneer Award. A nationally recognized author, speaker, educator, researcher and clinician, Dr. Hudson serves on several editorial boards, advisory panels, and as a consultant to the natural products industry.



David J. Schleich, PhD, has been NCNM's president since 2007. Dr. Schleich's diverse career includes contributions in business, publishing and health, and more than 30 years in academia. Previously he served as CEO and president of the Canadian College of Naturopathic Medicine in Toronto. Prior to that, he was vice president academic at Ontario's Niagara College. He has held administrative and teaching positions at St. Lawrence College in Ontario, the University of Alberta, and Swinburne University in Melbourne, Australia. He was also the president of Truestar Health, a Toronto company dedicated to nutrition education, health and wellness.

Dr. Schleich earned his PhD in Theory and Policy Studies in Higher Education from the University of Toronto and holds a Master of Arts degree from the University of Alberta. He publishes and lectures extensively on the history and professional formation of medicine. A former chair of the Institute for Natural Medicine, he now sits on the board of the Oregon Collaborative for Integrative Medicine.

Dr. Schleich is married to Sussanna Czeranko, a naturopathic physician, and their son is enrolled in NCNM's Chinese medicine program.



Ed Smith, or "Herbal Ed" as he's known across the globe, has been working as a medical herbalist for over 30 years. He is co-founder of Herb Pharm, the largest organic herb farm on the West Coast, and the leading

herbal extract company in the U.S. Ed is committed to using the highest quality of organically cultivated and sustainably wild-crafted herbs to produce safe and effective herbal extracts, to the benefit of naturopathic physicians and their grateful patients.

The author of numerous herbal medicine articles, Ed is passionate about sharing his knowledge about the safe and effective use of medicinal herbs and inspiring others with his love for plants and respect for nature. He is an internationally respected teacher and lecturer on herbs and herbal health care, and appears at herbal symposia and expositions throughout

the world. Ed is a founding member of the American Herbalists Guild and has served on its board of directors. Herbal Ed is also an advisory board member to the American Botanical Council.



Jerry Schlessler, ND, DC, CNS, served as NCNM's chairman of the board of trustees during the 70s and 80s. During this period, he presided over significant college changes. They included leading the early

legislative efforts with Oregon lawmakers to define the naturopathic scope of practice—one that would reflect the profession's rigorous educational training and high standards of care, and ultimately paved the way for the prescribing law now in effect for Oregon naturopathic physicians.

Dr. Schlessler received his degree from NCNM in 1976 after graduating from Western States Chiropractic College. In the intervening years, he has been dedicated to researching, designing and producing clinical dietary supplements for the integrative medical community. He has founded a number of companies, including NF Formulas, one of the oldest, trusted manufacturers of clinical dietary supplements for health professionals.

Among his outstanding contributions to medical science are the invention of an antiviral pharmaceutical that was subsequently licensed to Squibb; the development, with specialists at the Cancer Treatment Centers of America, of a comprehensive nutritional protocol as an adjunct to conventional cancer treatment; and creating a patented supplement for children to support and improve academic performance. Dr. Schlessler serves on the board of regents for NCNM.



John R. Campbell, PhD, DSc, is a president emeritus of Oklahoma State University and a former dean of the college of agriculture at the University of Illinois. A leading expert on land-grant

universities, Dr. Campbell has written numerous books on higher education and teaching. He divides his time between his office in Stillwater, Okla., and his home in Columbia, Mo.

Dr. Campbell is the longest-serving member of the NCNM board of directors in the college's history. For almost 15 years, he provided exemplary, loyal service to the naturopathic

and classical Chinese medicine professions. Because of his high profile in American higher education, Dr. Campbell was recently appointed by the Abraham Lincoln Presidential Library Foundation to join its honorary Abraham Lincoln Cabinet as a distinguished American. Dr. Campbell has been accorded director emeritus status of the NCNM board of directors.



Rihui Long, Master of Medicine (China), has

more than 30 years of clinical experience and is the chief medical officer of the Classical Chinese Medicine program at the NCNM Clinic. He attend-

ed China's Chengdu University of Traditional Chinese Medicine (TCM) where he earned his Master of Medicine degree (the equivalent of an internal medicine doctorate). Before coming to Portland, Professor Long practiced privately and taught at the University of TCM's International Training Program and Neijing Teaching and Research Office. He also taught at the Canadian College for Chinese Studies and the International College of Traditional Chinese Medicine in British Columbia. An expert in treating digestive disorders, Professor Long is skilled in the Zang-fu system of diagnosis. He is also an authority on the seminal medical text of ancient China, *Neijing*, known as *The Yellow Emperor's Classic of Internal Medicine*.



Brandt Stickley, MSTCM,

is a licensed acupuncturist herbalist and author who joined NCNM's academic and clinical faculty as an assistant professor in the School of Classical Chinese Medicine in 2009. A gradu-

ate of Cornell University and the American College of Traditional Chinese Medicine in San Francisco, he completed his internship in Hangzhou, China. He has studied Contemporary Chinese Pulse Diagnosis since 1998 with Leon Hammer, MD, with whom he has worked closely. He received his NCCAOM certification as a Diplomate in Acupuncture in 2001, and prior to joining NCNM was a professor at Florida College of Integrative Medicine in Orlando and also at Dragon Rises College of Oriental Medicine in Gainesville, Fla.



Marcus Miller, MD, ND, is one of the few physicians in the U.S. trained and board certified in both Western and naturopathic medicine. Dr. Miller graduated from Louisiana State University Medical School

in New Orleans in 1982. He completed an internship in family practice at Earl K. Long Hospital in Baton Rouge, and his residency in internal medicine at Good Samaritan Hospital in Portland, Ore. After 13 years of practicing urgent care and internal medicine, he began his naturopathic education at NCNM, where he received his Doctor of Naturopathic Medicine degree, graduating in 2001 with academic and research honors. Dr. Miller teaches courses in geriatrics, pathology and endocrinology, and supervises student interns on clinical rotations at the NCNM Clinic.



Nancy A. Scarlett, ND,

grew up in California and fell in love with the Pacific Northwest after moving to Portland to attend NCNM. Dr. Scarlett earned her ND degree in 1997 and after a two-year residency joined

the NCNM faculty in 1999. As an associate professor, Dr. Scarlett teaches medical ethics, clinical/physical diagnosis and urology; and is a supervising physician at In-Act, an NCNM community clinic serving patients with drug addiction. She also teaches courses for the master's in research program and the Chinese medicine program. She has been an investigator at Helfgott Research Institute, involved with studies on interprofessional attitudes, essential oils and naturopathic health outcomes. Dr. Scarlett enjoys lecturing to prospective students across the country and is a board member of the Council on Naturopathic Medical Education.



Jeremy Mikolai, ND,

graduated from NCNM in 2010 and is the chief resident physician at the NCNM Clinic. In addition to his private practice, Dr. Mikolai holds several faculty positions. He is

adjunct faculty in NCNM's Integrative Medicine Research program; adjunct faculty teaching cardiology for the College of Health Sciences at the Universidad del Turabo in

Continued on page 11

CONFERRING OF DEGREES

JUNE 29, 2013

MASTER OF SCIENCE IN INTEGRATIVE MEDICINE RESEARCH

Cassandra Robinson
Jennifer Joan Ryan, ND

MASTER OF ACUPUNCTURE

Michael Antoszewski
Jennifer Chen, ND
Colleen Erin Cole, *Honors*
Elaine Meade, *Honors*
Eve Julia Pagliaro
Matthew Ross Swann
Mark Tamburrino, *Honors*
Cecilia Yao

MASTER OF SCIENCE IN ORIENTAL MEDICINE

Tracy Allison Andrews, *Highest Honors, Honors in Research*
Callie Ranae Blackwood
Kate Fagan Busby, MA, *Highest Honors*
Cadie Lynn Federmeier, *High Honors*
Emily Katherine Hedberg
Angela Rae Jackson, *Highest Honors*
Jason Lay, *Highest Honors*
Samantha Anne Mason
Melanie Misenheimer, *High Honors*
Kelly Shaw, *Highest Honors, Honors in Research*
David Scott Thompson

MASTER OF ACUPUNCTURE & DOCTOR OF NATUROPATHIC MEDICINE

Allison Adams Brumley, *Honors, ND; Highest Honors, MAc*
Sara Sentell Hopkins, *Highest Honors, MAc*
Julia Altman Mortlock, *High Honors, MAc*
Sarah DeAtley Noseworthy, *High Honors, MAc*
Karen Renee Peterson
Natasha Sarah Rudd
Jessica Carli Sweet, *High Honors, ND; Highest Honors, MAc;*
Honors in Research

MASTER OF SCIENCE IN ORIENTAL MEDICINE & DOCTOR OF NATUROPATHIC MEDICINE

David Jer-Wei Chang
Clara Cedarblade Fashana
Heather Nichole (Nicci) Lambert, *Honors in Research*
Rena Marie Rogers, *Highest Honors, MSOM;*
Honors in Research

MASTER OF SCIENCE IN ORIENTAL MEDICINE, DOCTOR OF NATUROPATHIC MEDICINE & MASTER OF SCIENCE IN INTEGRATIVE MEDICINE RESEARCH

Megan Carisa Choy

MASTER OF SCIENCE IN INTEGRATIVE MEDICINE RESEARCH & DOCTOR OF NATUROPATHIC MEDICINE

Sarah Hourston

Names listed above are students who have completed or anticipate the completion of degree requirements.

CONFERRING OF DEGREES *CONTINUED*

JUNE 29, 2013

DOCTOR OF NATUROPATHIC MEDICINE

Derek Justin André	Jamie Lauren Fields	Karly Mennet Powell
Michele Alene Bartlett	Linda Gedeon	Rebecca Principe
Elizabeth Merle Bartman	Colleen Elizabeth Goodwin	Christina Kiran Sahni
Constance Lillian Erickson	Jessica Grewal	Adam Benjamin Sandford
Nathaniel Bingham	Michelle Marie Hansen	Derrick Schull
Elena Blackburn, MD	Allison Hendrix	Elizabeth Christine Sedlak
Tiffany Jean Bloomingdale	Angela Mulligan Knapp	Meghan Kay Sperandeo, <i>High Honors</i>
Sydmarie Cascio Boyle	Jennifer Marie Krieger	Ashley Sullivan
Kathryn Ann Brooks	Amy Rupp LaRue	Megan Christine Taylor
Lisa Janene Bryant	Harmony Brooke Layne	Ariel Touchet, MSOM
Michelle Cameron	Sandy Lê	Shena Vander Ploeg
Danielle Quimby Currey	Henry Doria Magno	Ariel VonOhlen
Carrie A. Decker, MSME, MSBME, <i>Honors</i>	Iris E. Maruska	Andréa Trelease Thurston Williams
Joseph DelGrosso, <i>Honors in Research</i>	Brian Myers	Jenna Michelle Wilson Crain, MA, MS
Lupin Cascadia DeMuth	Christina Lynn Nelson, MA	Laura Emily Wollman
Lee James Dennis	Dien Nguyen	Olif Wojciechowski
Brielle Mele, <i>High Honors</i>	Lillian Nguyen	Michelle Dianne Young
Kayla McPherson Eckart	Ashley Rachelle Olberg	Anni Jo Zieler
Chelsie Louise Falk	Lauren Peizer	
	Hunter Elliott Peterson, <i>Honors</i>	

Names listed above are students who have completed or anticipate the completion of degree requirements.

CONFERRING OF DEGREES *CONTINUED*
JUNE 29, 2013

CLASSICAL CHINESE MEDICINE
BEST THESIS AWARD

Angela Jackson

On Home: Physical and Symbolic, Matter and Spirit

CANDIDATES FOR CERTIFICATE IN
ADVANCED STUDIES IN
CLASSICAL CHINESE MEDICINE

Renae Marie Rogers, *Highest Honors*, MSOM;
Honors in Research

CANDIDATES FOR CERTIFICATE
IN SHIATSU

Jessica Carli Sweet, *High Honors*, ND; *Highest Honors*, MAc;
Honors in Research

CANDIDATES FOR CERTIFICATE
IN QIGONG

Sara Sentell Hopkins, *Highest Honors*, MAc

CANDIDATES FOR CERTIFICATE
IN NATUROPATHIC
OBSTETRIC/MIDWIFERY PROGRAM

Kayla McPherson Eckart

Colleen Elizabeth Goodwin

Angela Mulligan Knapp

Sandy Lê

Christina Kiran Sahni

Andréa Trelease Thurston Williams

Laura Emily Wollman

CANDIDATES FOR CERTIFICATE IN
HOMEOPATHIC MEDICINE

Jennifer Marie Krieger

Jenna Michelle Wilson Crain, MA, MS

Names listed above are students who have completed or anticipate the completion of degree requirements.

Gurabo, Puerto Rico; and a lead faculty member at the Naturopathic Institute of Cardiovascular and Pulmonary Medicine.

Dr. Mikolai's award-winning research studies have won international acclaim and have been presented throughout the world.



Carolyn Nygaard, ND, is a Vanguard faculty member of NNCNM's Helfgott Research Institute. She graduated with a degree in biochemistry from the University of Dayton before earning her ND

degree from NNCNM in 2009. Her research at NNCNM as a student and as a post-doctoral research fellow, led to publication in the peer-reviewed journal *Phytotherapy Research*. Dr. Nygaard is a naturopathic physician and midwife in private practice. She focuses on family medicine, women's health, fertility, and reproductive medicine.



Laurie Regan, PhD, ND, received a Doctorate in Neurobiology from Harvard University in 1991 and an ND degree from NNCNM in 1997. Her interest in the healthy integration of body, mind and

spirit led to further training in homeopathy at the Hahnemann College of Homeopathy, and qigong in mainland China under the mentorship of Professor Wang Qingyu, lineage holder of the Jinjing School of Qigong. Dr. Regan serves as dean of NNCNM's School of Classical Chinese Medicine, and as faculty teaching qigong.



Melanie Henriksen, ND, MSOM, MN, is dean of NNCNM's School of Naturopathic Medicine. She graduated from NNCNM's naturopathic and Chinese medicine programs in 2005 and then

completed two years of residency at NNCNM. Following residency she began a private practice focused on women's health and prenatal care. She further advanced her education by obtaining a Master of Nursing degree (Certified Nurse Midwife) from Oregon Health & Science University in 2009. Dr. Henriksen sees patients at the NNCNM Clinic and oversees student clinic shifts. She is passionate about collaborative medicine and evidence-informed practice.



Heather Zwickey, PhD, is dean of NNCNM's School of Research & Graduate Studies, director of the Helfgott Research Institute, and a professor of immunology. Her training at the world-renowned National

Jewish Medical and Research Center in Denver prepared her to complete a post-doctoral fellowship at Yale University. Dr. Zwickey hopes to prove natural therapies' benefit to immunological responses. Her research experience examining the effects of botanicals, probiotics, energy medicine, and diet on immunological parameters in humans is pivotal to achieving this task. Dr. Zwickey also explores the mechanisms involved in infectious disease, cancer, autoimmune disease, psychoneuroimmunology, and immunological tolerance. Her long-term personal goal is to establish NNCNM as one of the leading integrative medicine research institutions in the U.S.



Nancy Wastcoat Garbett, MEd, joined NNCNM's Board of Directors in 2003 and has served as board chair since 2007. For more than 25 years, Ms. Garbett has worked with a wide range of corporations,

organizations and individuals in planning, designing and implementing effective change processes, which consistently result in higher levels of personal productivity and organizational profitability by using tools and processes based on quantum theory. She currently heads a company using tools and processes based on quantum theory to create more rapid and ecological alignment. Ms. Garbett received a Master of Education degree from Brigham Young University in 1984; completed a program in clinical pastoral education in 1986; and in 1994 was certified as a master practitioner in neurolinguistic programming.



Heiner Fruehauf, MA, PhD, is the founding professor of the School of Classical Chinese Medicine at NNCNM, where he has taught since 1992. Dr. Fruehauf has researched

East Asian civilizations and Chinese medicine for more than 30 years, and has published widely on both the theoretical and clinical aspects of Chinese medicine. His scholarly endeavors include the direction of

an ongoing research project on the archaic symbolism of Chinese medicine terminology, including an in-depth analysis of the acupuncture point names. Dr. Fruehauf has an active private practice in the Columbia River Gorge area, specializing in the treatment and prevention of chronic, difficult, and recalcitrant diseases with Chinese herbs. He is also the director of the Heron Institute, a nonprofit institution for the research and preservation of traditional life science.



Xiaoli Chen, Doctor of Medicine (China), studied Chinese medicine and acupuncture for 11 years at China's Chengdu University of Traditional Chinese Medicine (TCM), where she received a Doctor of

Medicine degree in Acupuncture in 1994. She taught and practiced Chinese medicine in China for over 25 years, and served as an associate professor and vice chief physician at Chengdu University of TCM. Dr. Chen began teaching at NNCNM in 2002. As an associate professor, she supervises students at the NNCNM Clinic and teaches courses that focus on the classical approach to treating patients with acupuncture and herbs. Dr. Chen maintains a private practice at the Kwan Yin Clinic in Portland. She says that her practice is a calling and that, "using Chinese medicine to heal wounds, treat illness and prevent diseases is my holy mission. My intention is to always practice with a kind heart."



Steve Gardner, DC, ND, graduated from Western States Chiropractic College with a Doctor of Chiropractic degree in 1977. Dr. Gardner earned his ND degree from NNCNM in 1994 and then joined the

faculty. He is known for his humor—which comes in handily during his proctology class. A private practitioner for more than 35 years, Dr. Gardner has also served on several boards and commissions for both the naturopathic and the chiropractic medicine professions.

CLASSICAL CHINESE MEDICINE OATH

I promise to follow the way of the Great Physician.

I will strive to live in harmony with nature,
and teach my patients to do the same.

I will stay calm,
and completely committed when treating disease.

I will not give way to personal wishes and desires,
but above all else
hold and nurture a deep feeling of compassion.

I will be devoted to the task of saving the sacred spark of life
in every creature that still carries it.

I will strive to maintain a clear mind,
and am willing to hold myself to the highest standards.

It will be my duty to diagnose sufferings and treat disease.

I will not be boastful about my skills,
nor driven by greed for material things.

Above all,
I will keep an open heart.

As I move on the right path,
I will receive great happiness as a reward,
without asking for anything in return.

-Adapted from The Great Physician by Sun Simiao (581-682)

NCNM gratefully acknowledges Professional Complementary Health Formulas for the generous contribution of naturopathic and classical Chinese medicine oath prints for each graduate. The beautiful prints were created by Hilary Costello, ND, a 2005 graduate of NCNM.

NATUROPATHIC PHYSICIAN'S OATH

I dedicate myself to the service of humanity as a practitioner
of the art and science of Naturopathic medicine.

I will honor my teachers and all who have preserved and developed
this knowledge and dedicate myself to supporting the growth
and evolution of Naturopathic medicine.

I will endeavor to continually improve my abilities as a healer
through study, reflection, and genuine concern for humanity.

I will impart knowledge of the advanced healing arts
to dedicated colleagues and students.

Through precept, lecture, and example, I will assist and encourage others
to strengthen their health, reduce risks for disease, and preserve the health of our
planet for ourselves, our families, and future generations.

According to my best ability and judgment, I will use methods of treatment
which follow the principles of Naturopathic medicine:

First of all, to do no harm.

To act in cooperation with the Healing Power of Nature.

To address the fundamental causes of disease.

To heal the whole person through individualized treatment.

To teach the principles of healthy living and preventive medicine.

I will conduct my life and the practice of Naturopathic health care with
vigilance, integrity, and freedom from prejudice.

I will abstain from voluntary acts of injustice and corruption.

I will keep confidential whatever I am privileged to witness, whether
professionally or privately, that should not be divulged.

With my whole heart, before this gathering of witnesses,
as a Doctor of Naturopathic Medicine,
I pledge to remain true to this oath.

-Adopted by the American Association of Naturopathic Physicians (AANP) in 1992.

NCNM BOARD, EXECUTIVE & ADMINISTRATIVE STAFF, & FACULTY

BOARD OF DIRECTORS

Nancy Wastcoat Garbett, MEd, Board Chair	Don Drake
Anupam Narayan, MBA, Board Vice Chair	Richard E. Jones, PhD
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Lori Blankinship, ND	Willow Moore, DC, ND
John R. Campbell, PhD, DSc (Emeritus)	Trish Lichau Shields, PhD
	Andrea P. Wolcott, MSHRM

EXECUTIVE

President	David J. Schleich, PhD
Provost & Vice President of Academic Affairs	Andrea Smith, EdD
Vice President of Finance and Administration	Gerald Bores, MBA
Vice President of Advancement	Susan Hunter, MBA
Vice President of Marketing & Communications	Sandra Snyder, PhD

ADMINISTRATION

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Dean of Classical Chinese Medicine	Laurie Regan, PhD, ND
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