

How To Apply for The Supplemental Nutrition Assistance Program (a.k.a Food Stamps)

The Supplemental Nutrition Assistance Program (SNAP) is a federal nutrition program.

In Oregon, the Program is administered by the Department of Human Services (DHS) Children, Adults and Families (CAF) Division.

The eligibility determination and issuance of benefits are provided through DHS offices across the state. You must work directly with DHS to apply for, and obtain SNAP.

The Application can be downloaded from their website at:

<http://www.oregon.gov/DHS/assistance/foodstamps/foodstamps.shtml>

After filling out the Food Stamp Application, it is suggested you make an appointment to meet with a caseworker at DHS. These offices are located all around the Portland area. Your case worker may ask to see a copy of your award letter and/or pay stub to show you are on the Federal Work Study (FWS) so be sure to take all relevant documents with you to the appointment. Listed below are a few of the DHS Offices located in the Portland/Metro area, but you will find others via the website above.

Multnomah County Offices

Alberta Self Sufficiency Office

30 N Webster, Suite A

Portland, OR 97217

(971) 673 6900

Fax: (503) 280-6052

New Market Theater Self Sufficiency Office

50 SW 2nd Avenue

Portland, OR 97204

(971) 673-1400

Fax: (503) 294-1041

TTY: (503) 280-6732

Northwest Portland Self Sufficiency Office

4425 NE Broadway Street

Portland, OR 97213

(503) 280-6683

Fax: (503) 280-6696

Clackamas County Offices

Oregon City Self Sufficiency Office

315 S Beaver Creek Road

Oregon City, OR 97405

(971) 673-7300

Fax: (503) 657-2184

Washington County Offices

Beaverton Self Sufficiency Office

12901 SW Jenkins Road, Suite B

Beaverton, OR 97005

(503) 646-9952

Fax: (503) 646-9952

TTY: (503) 641-2319

Tigard Self Sufficiency Office

10777 SW Cascade Avenue

Tigard, OR 97223

(503) 670-9711

Fax: (503) 670-0240

Toll Free: (800) 759-1076

TTY: (503) 670-0246

Hillsboro Self Sufficiency Office

5920 NE Ray Circle, Suite 110

Hillsboro, OR 97124-6469

(503) 648-8951

Fax: (503) 640-1108

TTY: (503) 648-0542

***Delux Help Line for all questions re: lost
OBT cards etc.: 1-888-997-444***