

NATIONAL COLLEGE OF NATURAL MEDICINE

# *Commencement 2014*





*Whatever you can do,  
or dream you can, begin it.  
Boldness has genius,  
power and magic in it.*

–Johann Wolfgang von Goethe





## COMMENCEMENT CEREMONY

June 28, 2014, 2 p.m.  
Oregon Convention Center  
Portland, Oregon

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## ACADEMIC REGALIA

Academic regalia date to the early days of the oldest universities. A statute of 1312 required that all doctors, licentiates and bachelors of the University of Coimbra, Italy, wear gowns. The shape and size of the American hood marks the college degree of the wearer. It is possible to recognize the college or university from which the degree was obtained by identifying the colors on the center of the hood. Gowns for master's degree holders have elongated sleeves, while doctoral gowns have velvet striping on the sleeves and down the front.

Hoods from the National College of Natural Medicine are green and white for all degree programs: Doctor of Naturopathic Medicine; Master of Science in Oriental Medicine; Master of Science in Acupuncture; and Master of Science in Integrative Medicine Research. Dual-degree recipients wear the hood of the doctoral degree and a gold cord in recognition of their master's degrees.



## A BRIEF HISTORY

**National College of Natural Medicine (NCNM) is the oldest accredited naturopathic medical school in North America.** Drs. Charles Stone, W. Martin Bleything and Frank Spaulding, members of the profession from Oregon, Washington and British Columbia, planned the founding of the college. The NCNM Articles of Incorporation were executed in May 1956, in Portland, Oregon.

NCNM was founded originally as a college of naturopathic medicine, which derives from the healing wisdom of many cultures. Since its founding, NCNM has sought to preserve and convey the classical modalities of naturopathy and honor the principles that guide naturopathic care:

- First do no harm
- The healing power of nature
- Identify and treat the cause
- Heal the whole person
- Doctor as teacher
- Prevention is the best cure

In the fall of 1992, the college began plans for the development of a curriculum that would emphasize the holistic spirit of the classical teachings of Oriental medicine.

In addition to a Doctor of Naturopathic Medicine (ND) degree program, a Master of Science in Oriental Medicine (MSOM) degree program was inaugurated in 1996, followed by a Master of Acupuncture (MAc) degree program in 2008. A Master of Science in Integrative Medicine Research degree program was introduced in 2011. NCNM added two new degrees in 2014: Master of Science in Nutrition and Master of Science in Global Health. The college is alma mater to more than 2,200 alumni who practice in nearly every state and Canadian province, and in many foreign countries.

### PROGRAM OVERVIEW: SCHOOL OF NATUROPATHIC MEDICINE

The program at the School of Naturopathic Medicine offers a distinctive approach to health and healing—an approach that considers the whole person when treating specific conditions, one that seeks to diagnose and treat root causes whenever possible. Naturopathic medicine is heir to the vitalistic tradition of medicine in the Western world. This is evidenced by its emphasis in treating disease through the stimulation, enhancement and support of the inherent healing power of the body. Chosen methods of treatment respect this natural healing process.

### PROGRAM OVERVIEW: SCHOOL OF CLASSICAL CHINESE MEDICINE

The programs of the School of Classical Chinese Medicine were created to honor the deep wisdom and holistic nature of the classic teachings of Oriental medicine. Scholar-practitioners rooted in this ancient medical tradition help students to understand how human beings can live in harmony with the cycles of nature, and teach them a powerful diagnostic and therapeutic system that makes it possible to treat all kinds of patients—even those with chronic and complicated conditions.

### PROGRAM OVERVIEW: SCHOOL OF RESEARCH & GRADUATE STUDIES

Research of natural therapies demonstrates that there are powerful alternatives for people to achieve wellness. As people face significant health challenges worldwide, the need for additional approaches to health care is increasingly evident. The unique programs of the School of Research & Graduate Studies prepare students to make significant contributions to the fields of nutrition, research, global health and other fields that support medicine.

# PROGRAM

## COMMENCEMENT WELCOME

**Marcus Miller, MD, ND, Alumnus (2001)**

Assistant Professor

## PROCESSIONAL

Audience Please Stand

## MASTER OF CEREMONIES

**Marcus Miller, MD, ND, Alumnus (2001)**

Assistant Professor

## INVOCATION

**Betty Jo Radelet, DC, ND, Alumna (1968)**

## STUDENT ADDRESS

**Lauren Howell and Jonathan Edwards**

School of Classical Chinese Medicine

**William Hibbits**

School of Naturopathic Medicine

**Kirsten Wright**

School of Research & Graduate Studies

## PRESIDENTIAL ADDRESS

**David J. Schleich, PhD**

President

## COMMENCEMENT ADDRESS

**Andrei Codrescu**

## PROFESSIONAL LEADERSHIP AWARDS

**David J. Schleich, PhD**

President

*Presidential Medal of Service*

*Betty Radelet, ND, Alumna (1968)*

*Honorary Degree: Doctor of Laws*

*Bob Moore*

## AWARDING OF ACADEMIC REGALIA

**School of Classical Chinese Medicine**

**Joon Hee Lee, DAOM, MSOM**

Assistant Professor

**Xiaoli Chen, Doctor of Medicine (China)**

Associate Professor

**School of Naturopathic Medicine**

**Dohn Kruschwitz, MD, ND, Alumnus (1997)**

Associate Professor

**Leslie Nicholas, ND, Alumna (1992)**

Assistant Professor

## School of Research & Graduate Studies

**Andrew Erlandsen, ND, Alumnus (2011)**

Assistant Professor

**Kim Tippens ND, MSAOM, MPH**

Assistant Professor

## CONFERRING OF DEGREES

**David J. Schleich, PhD**

President

**Heather Zwickey, PhD**

Dean of the School of Research & Graduate Studies

**Laurie Regan, PhD, ND, Alumna (1997)**

Dean of the School of Classical Chinese Medicine

**Melanie Henriksen, ND, MSOM, MN, Alumna (2005)**

Dean of the School of Naturopathic Medicine

**Ellen Goldsmith, MSOM, Alumna (1999)**

Board of Directors, Chairperson

## CLASSICAL CHINESE MEDICINE OATH

**Rihui Long, Master of Medicine (China)**

Professor

**Brandt Stickley, MSTCM**

Assistant Professor

## NATUROPATHIC PHYSICIAN'S OATH

**Melanie Henriksen, ND, MSOM, MN, Alumna (2005)**

Dean of the School of Naturopathic Medicine

## BENEDICTION

**Nancy A. Scarlett, ND, Alumna (1997)**

Associate Professor

## CLOSING

**Marcus Miller, MD, ND, Alumnus (2001)**

Assistant Professor

## RECESSIONAL

Audience Please Stand

## MUSIC PRESENTED BY

Phoenix Beat, NCNM Drumming Troupe and

The Symphonic Brass Quintet:

David Bamonte, Trumpet; Steve Conrow, Trumpet;

Joseph Berger, Horn; Charles Reneau, Trombone;

Ja'Ttik Clark, Tuba

## PRESENTERS *(in order of appearance)*



**Marcus Miller, MD, ND**, is one of the few physicians in the U.S. trained and board certified in both Western and naturopathic medicine. Dr. Miller graduated from Louisiana State University

Medical School in New Orleans in 1982. He completed an internship in family practice at Earl K. Long Hospital in Baton Rouge, and his residency in internal medicine at Good Samaritan Hospital in Portland, Oregon. After 13 years of practicing urgent care and internal medicine, he began his naturopathic education at NCNM, where he received his Doctor of Naturopathic Medicine degree, graduating in 2001 with academic and research honors. Dr. Miller teaches courses in geriatrics, pathology and endocrinology, and supervises student interns on clinical rotations at the NCNM Clinic.



**Betty Jo Radelet, DC, ND**, received the inaugural Living Legend Award from NCNM and the Oregon Association of Naturopathic Medicine (OANP) in 2010. Dr. Radelet is recognized

as NCNM's first female graduate and for her groundbreaking endeavors, resiliency, and loving service in the advancement of naturopathic medicine. Prior to retiring at age 89, Dr. Radelet held the distinction of being the oldest continuously practicing naturopathic physician in Oregon. In her private practice, Dr. Radelet specialized in physical medicine, performing adjustments and naso-specific procedures to treat headaches, sinusitis, and other conditions while serving as the primary care physician for many families. Some of Dr. Radelet's career highlights are chronicled in her book, *Antidotes and Anecdotes*, which she published in 2009.



**Jonathan Edwards (Master of Science in Oriental Medicine, Class of 2014)**, grew up on Manhattan's Upper West Side and in Vermont. He earned a bachelor's degree in religious

studies with a math minor at Swarthmore College in Pennsylvania. Since then he

has lived in a number of places, including Nepal, where he spent 10 months studying Ayurveda on a Fulbright fellowship. Mr. Edwards' interest in natural medicine began with dietary therapy and herbs, but at NCNM he discovered a passion for the divinatory healing of the Yijing (often spelled 'I Ching') and its distant cousin, the West African oracle called Ifa. His master's thesis includes developing a methodology for applying the symbols of the Yijing directly through acupuncture. Another long-term project involves marrying local herbs with Chinese medicine theory. After graduation, Mr. Edwards will move back to New York City, where he hopes to teach, and practice medicine and qigong while being open to the magic and mystery of the Universe.



**Lauren Howell (Master of Acupuncture, Class of 2014)**, grew up in the Pacific Northwest and has always been inspired and nurtured by the region's powerful interplay of forest and sea,

clouds and sunshine. While studying at Western Washington University in Bellingham, she became interested in renewable energy, gardening and living more in tune with the rhythms of the natural world. In turn, a continuing interest in the forces that drive and transform life, as well as a curiosity about all human cultures, led Ms. Howell to earn an undergraduate degree in herbal science from Bastyr University in Seattle, Washington, followed by studying for her master's at NCNM. After graduation she intends to continue her interest in Western herbal medicine and follow her medical and wellness muse wherever it may lead her, including volunteering in Nepal, India and Thailand.



**William Hibbitts (Doctor of Naturopathic Medicine, Class of 2014)**, served in the Peace Corps in West Africa and started his own business designing alternative fuel systems.

He earned a bachelor's degree from Arizona State University in psychology with a minor in Spanish. The road to his ND degree began while he was working as an English teacher in Peru. As he hiked

over the mountains to nearby Bolivia, Mr. Hibbitts was surprised that the village children asked travelers for medicine. He was disturbed to find that many of the local children had festering wounds from cuts and scrapes, and had received no medical attention because they were far from any hospital or doctor. He shared his personal medical supplies with the children and left with a profound sense of both the world's economic inequities, and a strong desire to learn more about the healing powers of medicine. The next stage of that journey will soon continue with a two-year residency at Sellwood Family Medicine in Portland, Oregon. Mr. Hibbitts shares his journey with his wife and two young children who light up his life.



**Kirsten Wright, (Doctor of Naturopathic Medicine / Master of Science in Integrative Medicine Research, Class of 2014)**, grew up hiking the Idaho wilderness with her father naming the flora along

the trail. Her love for plants transpired into her undergraduate career in pre-medicine biology at the University of Puget Sound, with an emphasis in botany. She then spent three years in the U.S. and abroad studying plant evolution and biomolecular chemistry before transitioning to natural medicine. Her thesis work has tackled complex questions within botanical medicine, emphasizing the need for making research applicable to clinical practice. Ms. Wright has published three peer-reviewed articles and received the Outstanding Poster Award (within a field of 369 posters) at the prestigious 2014 International Research Congress on Integrative Medicine & Health for her work on Chinese herbal synergism. She plans to continue translational research while in clinical practice, and intends to start a first-year residency this fall.



**David J. Schleich, PhD**, has been NCNM's president since 2007. Dr. Schleich's diverse career includes contributions in business, publishing and health, and more than 30 years in

academia. Previously, he served as CEO and president of the Canadian College of Naturopathic Medicine in Toronto. Prior

to that, he was vice president academic at Ontario's Niagara College. He has held administrative and teaching positions at St. Lawrence College in Ontario, the University of Alberta, and Swinburne University in Melbourne, Australia. Dr. Schleich was also the president of Truestar Health, a company dedicated to nutrition education, health and wellness. He earned his PhD in Theory and Policy Studies in Higher Education from the University of Toronto and holds a Master of Arts degree from the University of Alberta. He publishes and lectures extensively on natural medicine education, and provides testimony throughout the U.S. in support of naturopathic licensure to state legislatures. A former chair of the Institute for Natural Medicine, he now sits on the board of the Oregon Collaborative for Integrative Medicine. Dr. Schleich is married to Sussanna Czeranko, a naturopathic doctor. Their son Julah is a member of the School of Classical Chinese Medicine's Class of 2014.



**Andrei Codrescu** is a noted author, poet and commentator. Born in Sibiu, Transylvania, Romania, Mr. Codrescu emigrated to the U.S. in 1966. His first book of poetry, *License to Carry a Gun*, won the 1970 Big Table Poetry award. He launched *Exquisite Corpse: A Journal of Books & Ideas* in 1983, and taught literature and poetry at Johns Hopkins University, University of Baltimore, and Louisiana State University where he was MacCurdy Distinguished Professor of English. He's been a regular commentator on NPR's *All Things Considered* since 1983, and received a Peabody Award for writing and starring in the film "Road Scholar." He is the author of books of poetry, novels, essays; the most recent are *So Recently Rent a World: New and Selected Poems* (Coffee House, 2012); *Bibliodeath: My Archives (With Life in Footnotes)* (Antibookclub, 2012); *Whatever Gets You Through the Night: A Story of Sheherazade and the Arabian Entertainments* (Princeton University Press, 2011). His son Tristan is a 2011 graduate of NCNM's School of Classical Chinese Medicine.



**Bob Moore**, co-founder (with his wife Charlee) of Bob's Red Mill Natural Foods, is a leading advocate for nutrition and combating childhood obesity. He received an honorary

Doctor of Laws degree from NCNM this spring in recognition of his steadfast advocacy of natural medicine and his enduring support to promote NCNM's Food as Medicine program. Dr. Moore and his wife have generously supported the renovation of NCNM's Helfgott Research Institute and Community Education Center; Charlee's Kitchen, the state-of-the-art cooking classroom; and the launch of the ECO Project. ECO's success led to the founding of NCNM's Food as Medicine Institute and a new master's degree in nutrition. An inspiration to his workers and progressive businesspeople everywhere, Dr. Moore credits his employees for building Bob's Red Mill into an international brand. The company is one of the few in the country where employees not only share in the profits, but collectively own the company.



**Andrew Erlandsen, ND**, is chair of the Master of Science in Nutrition program at NCNM. Dr. Erlandsen earned his ND from NCNM and his bachelor's degree summa cum laude

in Food Science and Human Nutrition from the University of Maine, Orono. His enjoyment of the culinary arts and nutrition led him to pursue a career in preventive medicine. He is a firm believer in Hippocrates' injunction, "Let food be thy medicine." Dr. Erlandsen teaches courses in nutrition, research, therapeutic diets and cooking. In addition to his teaching role at NCNM, he participated in NCNM's ECO Project first as a student and then was hired into the community program as a physician. He is also a Food as Medicine Institute physician and also maintains a private clinical practice in Beaverton, Oregon.



**Kim Tippens, ND, MSAOM, MPH**, received her naturopathic and Chinese medicine degrees from Bastyr University in 2003 and an MPH degree from Oregon Health & Science University in 2012. Dr. Tippens joined the NCNM faculty as an assistant professor in 2012.

While a student at Bastyr, she completed a family practice residency at NCNM with an emphasis on community health. From 2009 to 2011 she was a postdoctoral fellow at NCNM's Helfgott Research Institute and OHSU. Dr. Tippens teaches public health policy and a health disparities elective course in the Master of Science in Integrative Medicine Research (MSiMR) program, and mentors MSiMR students. She also teaches a public health course in the Classical Chinese Medicine program. One of her current research interests is investigating low-cost, sustainable models of acupuncture, including group acupuncture.



**Joon Hee Lee, DAOM, MSOM**, is an assistant professor of Classical Chinese Medicine at NCNM. Dr. Lee completed his master's degree in Oriental Medicine at Samra University of

Oriental Medicine in Los Angeles, and a doctorate in Oriental Medicine at Oregon College of Oriental Medicine. He started teaching at NCNM in 2011 as an adjunct faculty member and became full-time in 2012. Dr. Lee studies and clinically applies the wisdom of the ancient Chinese texts, including *Shanghan Lun*, *Jingui Yaolue* and *Huangdi Neijing*, the foundational texts of Chinese medicine, in search of the root and truth of the medicine. Fluent in classical literary Chinese, Dr. Lee also reads Confucian classics and early historical texts to better understand antiquity and its language. He likes to incorporate pedagogical insights from Confucius and Mencius to encourage students to cultivate virtue and classical Chinese scholarship. Dr. Lee also studies Korean and Japanese medical literature to gain a broad understanding of East Asian medicine.

*Continued on page 9*

# CONFERRING OF DEGREES

## JUNE 28, 2014

### MASTER OF ACUPUNCTURE

Julah Czeranko Booth  
Sarah Kathleen Clark, MFA  
Lauren Howell  
Cameron Li  
Michael Svoboda  
Ece Yildirim

### MASTER OF SCIENCE IN ORIENTAL MEDICINE

Jonathan Hadas Edwards  
Turtle Niveen Farahat  
David Andrew Gaines  
Stefan Matthew Grace  
Lauren Ho  
Adam Povey Hutchison  
Alexandra Jackiw  
Claire Elizabeth Matturro  
Ryan Elizabeth McLaughlin  
Carli Mueller  
*High Honors*  
Lisa Marie Salerno  
Kalle Skurla  
Gabriel Villalobos  
Michelle Dianne Young, ND

### MASTER OF ACUPUNCTURE & DOCTOR OF NATUROPATHIC MEDICINE

Andrea Bowden  
Sarah Holloway  
Paresh Hrushikesh Shelat  
Jessica Michele Stefanski

### MASTER OF SCIENCE IN ORIENTAL MEDICINE & DOCTOR OF NATUROPATHIC MEDICINE

Aimée Olinde Bonneval  
Sara DeFrancesco  
Hazel Gois  
Sydney Hwang  
*Honors in Research*  
Rachelle Renée Johnson, MPH  
*Honors in Research*  
Sunjae Lee  
Malea MacOdrum  
Jason Tyler Wells  
Shawnté Marie Yates

### MASTER OF SCIENCE IN INTEGRATIVE MEDICINE RESEARCH & DOCTOR OF NATUROPATHIC MEDICINE

Corina Leigh Hesse Dunlap  
Jacob D. Hill  
Robert Lee, MA  
Kirsten Margaret Wright

*Names listed above are students who have completed or anticipate the completion of degree requirements.*



# CONFERRING OF DEGREES

## JUNE 28, 2014

### DOCTOR OF NATUROPATHIC MEDICINE

Stephanie Auerbach	Analisa Jahna	Michael Todd Pendell
John Beedenbender	Jennifer Lamar	Angela Potter
Meghan Ellen Revoir Bennett	Lesya Ariko Lasota	Rhesa Ramdeen-Napoli
Natalie Boeck	Elizabeth Ananij Lee	Kathryn Rewick
Carine Lilli Bonnist	Katherine Lewis	Kristina Danielle Roberts
Emily Wren Burke	Sally Machin	Hilary Renee Sandell
Lai Chim Chan	Emerald Dawn Mansfield	Kizzy Pam Raphael Schalkwijk, MS
Cesilie Cocks <i>Honors, Honors in Research</i>	Lara Elizabeth Martin	Elijah Chaim Silver
Heather Crabtree	Cara Noëlle Maxson, MS	Heather May Sorber
Stephanie Nicole Kuuleialohaleimakamae Dentinger-Doo Culver	Eryn McAlpine	Cory J. Szybala <i>Honors in Research</i>
Courtney Anne Day	Megan Patricia McCormick	Sabah Senussi Targhi
Cy Robert Fisher	Kyle J. Meyer	Katherine Marie Walker
Joanna Christine Fisher	Hilary Miller <i>Honors in Research</i>	Sarah Christine Walker
David L. Geller	Timothy Mark Miller	Joan Delyse Waters
Serena Blair Goldstein	Miguel Ángel Mitchell	Stephanie Wawrzyniak, RPh
Angelica Gonzalez	Erin Tamsyn Moore	Devin Graham Wilson
Jenson Hagen, MS	Eli Morales	Desha Marie Wood
William Hibbitts	Osemekhian Okojie <i>Honors in Research</i>	Laura Katherine Yew <i>High Honors</i>
Ruth Ellen Hobson	Sydney Pallesen	

*Names listed above are students who have completed or anticipate the completion of degree requirements.*

# CONFERRING OF DEGREES JUNE 28, 2014

## **CLASSICAL CHINESE MEDICINE BEST THESIS AWARD**

Stefan Matthew Grace

*Anatomy of the Jing Jin: Towards a New Understanding of the Tendon Channels*

## **CANDIDATES FOR CERTIFICATE IN NATUROPATHIC OBSTETRIC/MIDWIFERY PROGRAM**

Andrea Bowden

Stephanie Nicole Kuuleialohaleimakamae Dentinger-Doo Culver

Ruth Ellen Hobson

Sally Machin

Emerald Dawn Mansfield

Lara Elizabeth Martin

Eryn McAlpine

Rhesa Ramdeen-Napoli

Katherine Marie Walker

Stephanie Wawrzyniak, RPh

Desha Marie Wood

*Names listed above are students who have completed or anticipate the completion of degree requirements.*



**XiaoLi Chen, Doctor of Medicine (China)**, studied Chinese medicine and acupuncture for 11 years at China's Chengdu University of Traditional Chinese Medicine (TCM), where she received a

Doctor of Medicine degree in Acupuncture in 1994. She taught and practiced Chinese medicine in China for over 25 years, and served as an associate professor and vice chief physician at Chengdu University of TCM. Dr. Chen began teaching at NCNM in 2002. As an associate professor, she supervises students at the NCNM Clinic and teaches courses that focus on the classical approach to treating patients with acupuncture and herbs. Dr. Chen maintains a private practice at the Kwan Yin Clinic in Portland. She says that her practice is a calling and that, "using Chinese medicine to heal wounds, treat illness and prevent diseases is my holy mission. My intention is to always practice with a kind heart."



**Dohn Kruschwitz, MD, ND**, has been a full-time associate professor of academic and clinical medicine at NCNM since 1998—one of NCNM's longest-serving faculty members. Dr. Kruschwitz

received his medical doctorate degree from the University of Iowa College of Medicine in 1966. He then spent more than 25 years practicing family and emergency medicine. After developing an interest in alternative medicine, he completed the naturopathic doctoral program at NCNM in 1997. Dr. Kruschwitz has served as NCNM's associate dean of naturopathic medicine and chief medical officer of naturopathic medicine. Since 1997 he has been a member of the NCNM residency advisory committee and helped the college develop the first certified naturopathic residency training program in the country. He teaches courses in minor surgery and clinical medicine, and supervises student interns on teaching clinic rotations.



**Leslie Nicholas, ND**, is the first naturopath in the country to be hired full time by a public health department. After completing a bachelor's degree in Animal Science from Michigan State

University and her ND from NCNM in 1992, she worked for Benton County in Corvallis, Oregon, from 2000-2005. Dr. Nicholas saw 10,000 patients during that time. Dr. Nicholas began teaching as an adjunct professor in 2007 in NCNM's community clinics, primarily at Outside In. A full-time clinical faculty member since 2011, she leads the three-year-old ND Observation/Transgender Medicine Shift at the NCNM Clinic and co-taught a transgender medicine elective class this year with Dr. Maleah Ermac, which are both firsts for the college.



**Heather Zwickey, PhD**, is dean of NCNM's School of Research & Graduate Studies, director of the college's Helfgott Research Institute, and a professor of immunology. Her training at the world-

renowned National Jewish Medical and Research Center in Denver prepared her to complete a post-doctoral fellowship at Yale University. Dr. Zwickey hopes to prove natural therapies' benefit to immunological responses. Her research experience examining the effects of botanicals, probiotics, energy medicine, and diet on immunological parameters in humans is pivotal to achieving this task. She also explores the mechanisms involved in infectious disease, cancer, autoimmune disease, psychoneuroimmunology and immunological tolerance. Her long-term personal goal is to establish NCNM as one of the leading integrative medicine research institutions in the U.S.



**Laurie Regan, PhD, ND**, is dean of NCNM's School of Classical Chinese Medicine and an assistant professor of qigong. Dr. Regan received a Doctorate in Neurobiology from Harvard University in 1991

and an ND degree from NCNM in 1997. Her interest in the healthy integration of body, mind and spirit led to further training in homeopathy at the Hahnemann College of Homeopathy, and qigong in mainland China under the mentorship of Professor Wang Qingyu, lineage holder of the Jinjing School of Qigong.



**Melanie Henriksen, ND, MSOM, MN**, is dean of NCNM's School of Naturopathic Medicine. She graduated from NCNM's naturopathic and Chinese medicine programs in 2005 and

then completed two years of residency at NCNM. Following residency she began a private practice focused on women's health and prenatal care. She further advanced her education by obtaining a Master of Nursing degree (Certified Nurse Midwife) from Oregon Health & Science University in 2009. Dr. Henriksen sees patients at the NCNM Clinic and oversees student clinic shifts. She is passionate about collaborative medicine and evidence-informed practice.



**Ellen Goldsmith, MSOM**, is chair of the NCNM Board of Directors and chair of the Board's Compensation & Evaluation Committee. She has been a member of NCNM's board since

2004. Ms. Goldsmith also served on the Acupuncture Advisory Committee to the Board of Medical Examiners for the State of Oregon. She graduated from NCNM in 1999 with a Master of Science in Oriental Medicine degree, and is an adjunct faculty member at the School of Classical Chinese Medicine. In private practice at Pearl Natural Health in Portland, Oregon, she focuses on Chinese medicine, acupuncture, Chinese dietary therapy, and mindfulness-based stress reduction. Ms. Goldsmith has a special interest in the treatment of pain, drawing on her extensive background in movement and movement therapies from years of dancing and treating performing artists in New York City.



**Rihui Long, Master of Medicine**, has more than 30 years of clinical experience and is a professor teaching internal medicine, classical texts and case studies at the School of

Classical Chinese Medicine. He attended China's Chengdu University of Traditional Chinese Medicine (TCM) where he earned his Master of Medicine degree (the equivalent of an internal medicine doctorate). Before coming to Portland,

## CLASSICAL CHINESE MEDICINE OATH

I promise to follow the way of the Great Physician.

I will strive to live in harmony with nature,  
and teach my patients to do the same.

I will stay calm,  
and completely committed when treating disease.

I will not give way to personal wishes and desires,  
but above all else  
hold and nurture a deep feeling of compassion.

I will be devoted to the task of saving the sacred spark of life  
in every creature that still carries it.

I will strive to maintain a clear mind,  
and am willing to hold myself to the highest standards.

It will be my duty to diagnose sufferings and treat disease.

I will not be boastful about my skills,  
nor driven by greed for material things.

Above all,  
I will keep an open heart.

As I move on the right path,  
I will receive great happiness as a reward,  
without asking for anything in return.

*~Adapted from The Great Physician by Sun Simiao (581-682)*

*NCNM gratefully acknowledges Professional Complementary Health Formulas for the generous contribution of naturopathic and classical Chinese medicine oath prints for each graduate. The beautiful prints were created by Hilary Costello, ND, a 2005 graduate of NCNM.*

## NATUROPATHIC PHYSICIAN'S OATH

I dedicate myself to the service of humanity as a practitioner of the art and science of Naturopathic medicine.

I will honor my teachers and all who have preserved and developed this knowledge and dedicate myself to supporting the growth and evolution of Naturopathic medicine.

I will endeavor to continually improve my abilities as a healer through study, reflection, and genuine concern for humanity.

I will impart knowledge of the advanced healing arts to dedicated colleagues and students.

Through precept, lecture, and example, I will assist and encourage others to strengthen their health, reduce risks for disease, and preserve the health of our planet for ourselves, our families, and future generations.

According to my best ability and judgment, I will use methods of treatment which follow the principles of Naturopathic medicine:

First of all, to do no harm.

To act in cooperation with the Healing Power of Nature.

To address the fundamental causes of disease.

To heal the whole person through individualized treatment.

To teach the principles of healthy living and preventive medicine.

I will conduct my life and the practice of Naturopathic health care with vigilance, integrity, and freedom from prejudice.

I will abstain from voluntary acts of injustice and corruption.

I will keep confidential whatever I am privileged to witness, whether professionally or privately, that should not be divulged.

With my whole heart, before this gathering of witnesses,  
as a Doctor of Naturopathic Medicine,  
I pledge to remain true to this oath.

*~Adopted by the American Association of Naturopathic Physicians (AANP) in 1992.*

Continued from page 9

Professor Long practiced privately and taught at the University of TCM's International Training Program and Neijing Teaching and Research Office. He also taught at the Canadian College for Chinese Studies and the International College of Traditional Chinese Medicine in British Columbia. An expert in treating digestive disorders, Professor Long is skilled in the Zang-fu system of diagnosis. He is also an authority on the seminal medical text of ancient China, *Neijing*, known as *The Yellow Emperor's Classic of Internal Medicine*. Professor Long has served as NCNM's chief medical officer of Chinese medicine.



**Brandt Stickley, MSTCM**, is a licensed acupuncturist, herbalist and author who joined NCNM's academic and clinical faculty as an assistant professor at the School of Classical

Chinese Medicine in 2009. A graduate of Cornell University and the American College of Traditional Chinese Medicine in San Francisco, he completed his internship in Hangzhou, China. He has studied contemporary Chinese pulse diagnosis since 1998 with Leon Hammer, MD, with whom he has worked closely. He received his NCCAOM certification as a Diplomate in Acupuncture in 2001, and prior to joining NCNM was a professor at Florida College of Integrative Medicine in Orlando and at Dragon Rises College of Oriental Medicine in Gainesville, Florida.



**Nancy A. Scarlett, ND**, grew up in California and fell in love with the Pacific Northwest after moving to Portland to attend NCNM. Dr. Scarlett earned her ND degree in 1997, and after a two-

year residency joined the NCNM faculty in 1999. Dr. Scarlett is a professor at the School of Naturopathic Medicine teaching medical ethics, clinical/physical diagnosis and urology; and is a supervising physician at In-Act, an NCNM community clinic serving patients with drug addiction. She also teaches courses for the integrative medicine research program and the Chinese medicine program. She has been an investigator at Helfgott Research Institute, involved with studies on interprofessional attitudes, essential oils and naturopathic health outcomes. Dr. Scarlett is a board member of the Council on Naturopathic Medical Education.

## NCNM BOARD, EXECUTIVE & ADMINISTRATIVE STAFF, & FACULTY

### BOARD OF DIRECTORS

Ellen Goldsmith, MSOM, *Chair*  
Willow Moore, DC, ND, *Vice Chair*  
Patricia Kramer, PhD, *Secretary*  
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B. Winston Cardwell, ND, MSOM  
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Mohan Nair, MS  
Anupam Narayan, MBA  
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