

NATIONAL UNIVERSITY  
OF NATURAL MEDICINE

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# Commencement

CLASS  
— of

20  
22





# Commencement Ceremony

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July 2, 2022

PORTLAND, OREGON

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## ACADEMIC REGALIA



### Academic regalia date to the early days of the oldest universities.

A statute of 1312 required that all doctors, licentiates and bachelors of the University of Coimbra, Portugal, wear gowns. The shape and size of the American hood marks the college degree of the wearer. It is possible to recognize the college or university from which the degree was obtained by identifying the colors on the center of the hood. Gowns for bachelor's degree holders have pointed sleeves and are worn closed. Gowns for master's degree holders have elongated sleeves, while

doctoral gowns have velvet striping on the sleeves and down the front.

Hoods from National University of Natural Medicine are green and white for all degree programs. Students receiving a concurrent degree receive a gold cord in recognition of their dual degrees. Bachelor's degree recipients who have earned academic honors are recognized by a green cord.

## SCHEDULE OF EVENTS

### Commencement Opening

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**Ayasha Shamsud-din**  
**MSEd**  
Director of the Office of Equity and Inclusion

### Class Speaker

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**Scott Riedel**  
Doctor of Naturopathic Medicine  
*Class of 2022*

### Commencement Address

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**Melanie Henriksen**  
**ND, LAc, CNM**  
President

### Invocation

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**Anna Peterson**  
**ND**

### Equity & Inclusion Speaker

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**Ashanti White**  
Doctor of Naturopathic Medicine & Master of Science in Nutrition  
*Class of 2022*

### Conferring of Degrees

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**Andrew Erlandsen**  
**ND**  
Dean of the School of Undergraduate and Graduate Studies

**Kelly Baltazar**  
**ND, DC**  
Dean of the College of Naturopathic Medicine

### President's Address

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**Melanie Henriksen**  
**ND, LAc, CNM**  
President

### Keynote Speaker

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**Lise Alschuler**  
**ND, FAMO**

**Andrew McIntyre**  
**MS, LAc**  
Dean of the College of Classical Chinese Medicine

### Closing

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**Ayasha Shamsud-din**  
**MSEd**  
Director of the Office of Equity and Inclusion

## SPEAKER BIOS



Scott Riedel

CLASS SPEAKER

Scott F. Riedel, MAT, MEd (Doctor of Naturopathic Medicine, Class of 2022) is a former local and international educator. His introduction to natural medicine started over 10 years ago with the help of Dr. Lisa Taulbee, who kickstarted his own journey with health and wellness. Currently, he is a member of many clubs at NUNM including the president of the Anthroposophic Medicine Club as well as being the student representative to the OANP executive board. His goals include increasing awareness of the salutogenic model (focusing on the origins of health), the neuro-immunoendocrine connection, and furthering the study of biotherapeutic drainage. In his free time, Scott enjoys walking along the river, reading, and is looking forward to some extended periods of relaxation after graduation. He has enjoyed his time at NUNM and will cherish the memories created with this beautiful community.



Ashanti White

EQUITY & INCLUSION SPEAKER

Ashanti Nia White (Doctor of Naturopathic Medicine and Master of Science in Nutrition, Class of 2022) was born and raised in Brooklyn, New York. She earned a Bachelor of Dance Science from the CUNY Baccalaureate Program, where she became known as “The Dancing Doctor.” At NUNM, she has prepared and delivered so many meals to her peers that she has become more affectionately known as “Dr. Chef.” As a lover of humanity, she has shared her gifts to bring medical supplies and educational resources to Honduras, Mississippi, South Africa and Honduras. She traveled over 2,000 miles to pursue her life’s mission as a healer — leaving behind family and friends, but closer to the love of her life, Carlin White. Upon any matriculation, it is customary for Ashanti, in her graduation regalia, to thank her previous teachers. Thank you NUNM for molding, mentoring and equipping me to be a healer of excellence. Ashanti credits her power to survive and thrive on this trajectory to her ancestors, those who paved the way, the resilient legacy of her family, friends, church communities and most of all, God. Oh! She cannot forget to thank her dog, Casanova, too. The best study buddy.



Dr. Lise Alschuler, ND, FABNO

KEYNOTE SPEAKER

Lise Alschuler, ND, FABNO is a Professor of Clinical Medicine at the University of Arizona, where she is the Associate Director of the Fellowship in Integrative Medicine at the Andrew Weil Center for Integrative Medicine. She received her undergraduate degree from Brown University, Providence, Rhode Island, in 1988. Dr. Alschuler obtained her naturopathic medical degree in 1994 from Bastyr University in Seattle, Washington, where she also completed her residency in general naturopathic medicine the following year. She is board certified in naturopathic oncology and practices naturopathic oncology out of Naturopathic Specialists, LLC. Dr. Alschuler is Past-President of the American Association of Naturopathic Physicians and a founding board member, Past-President and current Board member of the Oncology Association of Naturopathic Physicians. She is the recipient of numerous awards and recognitions including 2014 American Association of Naturopathic Physicians’ Physician of the Year and the Sheikh Zayed International Award in Naturopathy in 2020. She has been an invited speaker to more than 200 scientific/ medical conferences, has authored numerous articles and book chapters, has been an investigator on several research studies and co-hosts a weekly podcast. Dr. Alschuler has co-authored two books, Definitive Guide to Cancer, now in its third edition, and Definitive Guide to Thriving After Cancer. She envisions a world where all individuals with disease are offered personalized integrative care and are empowered to live exuberant and meaningful lives.

# Undergraduate Studies

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The School of Undergraduate and Graduate Studies nurtures students seeking meaningful careers in the health sciences.

The school offers integrative approaches to traditional studies in nutrition and health sciences. Each degree prepares graduates for careers in the burgeoning health and wellness field, or continuing on to related graduate degree programs.

## BACHELOR OF SCIENCE IN Integrative Health Sciences

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Lauryn Elizabeth Anderson – *Magna Cum Laude*

Courtney O’Neal – *Cum Laude*

Alex Perkins

Taylor Raichart – *Cum Laude*

Danielle Madison Stough – *BCHN – Cum Laude*

Clarissa Michiko Steinbeck – *Magna Cum Laude*

Paige N Swearingen

Marcus Tenaglia

Leon Austin Tran – *Cum Laude*

Sarah Jean Westmoreland

## BACHELOR OF SCIENCE IN Nutrition

---

David Battisti

Madelaine Betancourt – *Cum Laude*

Laurel Blaser – *Magna Cum Laude*

Kara Nicole Borchert

Micah Burress

Katlyn Hookstra – *Cum Laude*

*Undergraduate students may earn the academic honors: Cum Laude, Magna Cum Laude or Summa Cum Laude based on their cumulative GPAs.*

# Graduate Studies

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The need for innovative approaches to health care is increasingly evident as more people throughout the world face significant challenges in achieving healthy lives.

The School of Undergraduate and Graduate Studies is a vibrant community of educators, researchers and scholars committed to promoting a deeper understanding within the fields of natural medicine research, global health and nutrition. These unique programs prepare students to make significant contributions within these fields.

**MASTER OF ARTS IN**  
Community Organizing and Social Activism

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Jasmine R Davis  
Zullay Pichardo

**MASTER OF ARTS IN**  
International Development and Service

---

Callie Elizabeth Oliver  
Kathryn G Surbeck

**MASTER OF SCIENCE IN**  
Global Health

---

Rachel Marie Casey  
Norma Daphne Cervantes  
Claudia Nakama  
Whitney A Stockard

**MASTER OF SCIENCE IN**  
Integrative Medicine Research

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Devon J Fox  
Jacob J Schoen – MS  
Kristen Breanne Sprague

**MASTER OF SCIENCE IN**  
Integrative Mental Health

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Erica Robyn Burley – DSOM

**MASTER OF SCIENCE IN**  
**Nutrition**

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Ashley Augusta Anderson	Kim Grundhauser	Kathryn Palmieri
Natalia Azad	Jessica Ayleen Artica	Erica Ax Peters
Hanna Lee Ball	Alana A Guggenbiller	Cristina Piergentili
Julia Dawn Bennett	Geraldine Hasek	Jennifer J Pond
Amy Rochelle Boyd	Alexandra Berlin Hefley	Stephanie Reale
Mikaila Renai Brennan	Nicole M Iorio	Anna Mairead Gilia Rego
Sydney Bricker	Catherine Mary James	Michael Lawrence Rosen— <i>JD</i>
Kaitlin Marie Callahan	Rowan Marie Jordan	Jerri Schomaker
Samuel Joseph Callero	Melanie Joy Kalmukos— <i>MS</i>	Nicolle Scruggs
Hayley Calvert	Ashleigh Kenyon— <i>MS</i>	Rabia Shahab
Latisha T Campbell— <i>PhD</i>	Meli Mastroeni Kirkwood	Nicole B Sheehan
Mairi-Kate H Campbell-Gaines	Trevor Lampert	Hanna Irene Spevak
Skylar Rose Christensen	Kaylee M Lowie	Aloha Alili Stewart
Jana Siu Chieu	Kyla MacDonald	Abbie Sue Stojack
Geena J Ciambelli	Marissa Rochelle McKeague	Katie Stone-Warner
Alyssa Elaine Delaplaine	Sarah Ann Meier	Amber Nicole Tanchin
Mistique Angel Davis— <i>MS</i>	Kathrine M Mentessana	Rachel L Toplin
Abigail Diaz	Jenna Rose Moreno	Denise Underwood
Soledad Diaz	Gillian Munno	Emily A Walker
Cynthia Esparza	Elizabeth Kelea Myers	Krystal Amanda Azaria Wilson
Cecily J Franklin	Jennifer Orleow— <i>MS</i>	Victoria T Yocum
Moriah Galacgac	Hannah K Orloff	

# Classical Chinese Medicine

The College of Classical Chinese Medicine degree programs honor the enduring wisdom and holistic nature of the classical teachings of Chinese medicine.

Scholar-practitioners rooted in this ancient medical tradition help students develop a deep understanding of the importance of living in harmony with the cycles of nature, and teach them a powerful diagnostic and therapeutic system that makes it possible to treat all kinds of patients — even those with chronic, intractable diseases.

**MASTER OF**  
*Acupuncture*

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Valentina Gordon Benitez — *ND*

**MASTER OF SCIENCE IN**  
*Chinese Medicine*

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Mac Barrett

Allison Tao Ceragioli

Marley Eleni Kalis

Chelsea S Krisanda

Jennifer McNeal — *ND*

Dana Rivers

Maya Rios — *ND*  
*Certificate of Naturopathic Childbirth*

Thea Sittler

Abby Wollman

**DOCTOR OF SCIENCE IN**  
*Chinese Medicine*

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Jess Brown

Auden Foxe

Malik Mahmud

Ashly H Murphy

T Motoyuki Prag

Tara M Radsliff

Brooke Cannon Scott



# Classical Chinese Medicine Oath

I promise to follow the way of the Great Physician.

I will strive to live in harmony with nature, and teach my patients to do the same.

I will stay calm, and completely committed when treating disease.

I will not give way to personal wishes and desires, but above all else hold and nurture a deep feeling of compassion.

I will be devoted to the task of saving the sacred spark of life in every creature that still carries it.

I will strive to maintain a clear mind, and am willing to hold myself to the highest standards.

It will be my duty to diagnose sufferings and treat disease.

I will not be boastful about my skills, nor driven by greed for material things.

Above all, I will keep an open heart.

As I move on the right path, I will receive great happiness as a reward, without asking for anything in return.

WO SHI YUAN

XUN, DA YI ZHI DAO

YU TIAN DI, HUN WEI YI TI

BO JI YI YUAN,

HUI REN BU JUAN

FAN ZHEN ZHI JI BING

BI AN SHEN DING ZHI

WU YU WU QIU

XIAN FA, DA CI ZHE YIN, ZHI XIN

SHI YUAN PU JIU

HAN LING ZHI KU

WO BI, CHENG SHEN NEI SHI,

WANG ZHI YAN RAN

SHENG BING ZHEN JI,

ZHI YI SHEN XIN

BU DE, SHI JI SUO CHANG

ZHUAN XIN JING LUE CAI WU

DAN ZUO, JIU KU ZHI XIN

YU MING YUN DAO ZHONG

ZI GAN, DUO FU YE

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## ADAPTED FROM

The Great Physician by  
Sun Simiao (581-682)

# Naturopathic Medicine

The College of Naturopathic Medicine offers a distinctive approach to health and healing—an approach that examines the whole person when treating specific conditions, and seeks to diagnose and treat root causes whenever possible.

Naturopathic medicine is heir to the vitalistic tradition of medicine in the Western world. This is evidenced by its emphasis in treating disease through the stimulation, enhancement and support of the inherent healing power of the body. Chosen methods of treatment respect this natural healing process.

**DOCTOR OF Naturopathic Medicine & MASTER OF SCIENCE IN Nutrition**

Sarah Denotter  
Ashanti Nia White

**DOCTOR OF Naturopathic Medicine & MASTER OF SCIENCE IN Mental Health**

Kaitlynn Ariel Bronte

**DOCTOR OF Naturopathic Medicine & MASTER OF SCIENCE IN Integrative Medicine Research**

Jeffrey G Erb  
Nozomi G Gonzalez

Andrew N von Plitt

**DOCTOR OF Naturopathic Medicine & DOCTOR OF SCIENCE IN Chinese Medicine**

Alana R Campbell

**DOCTOR OF Naturopathic Medicine & MASTER OF Acupuncture**

Taylor McShane

**DOCTOR OF Naturopathic Medicine & MASTER OF SCIENCE IN Chinese Medicine**

Kevyn Carothers  
Samantha N Chang  
Alexander Hung

Sarah Jean Jones  
Malgorzata Ptak – MS, MPH  
Certificate of Naturopathic Childbirth

**DOCTOR OF**  
**Naturopathic Medicine**

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Nora Abbas	Richard Charles Heriza – <i>MPH</i>	Scott Fischer Riedel – <i>MEd, MAT</i>
Claudia Carolina Bustamante Abuid – <i>MS</i>	Elizabeth Holloway	Jessica J Robinson
Lianne Marie Aglietti	Atara Jaffe	Haley Schimmer
Cristina Marie Calderan Bronder – <i>MS</i>	Tyler Binford Jean	Natsumi Marin Seki
Liza Cuc-Capota	Rachel N Kelly	Jonathan Shaffer
Sierra Rose Carey	Derek Alexander Leiss	Ceili Smythe
Jillian S Casey – <i>MPH</i>	Ashley J Long <i>Certificate of Naturopathic Childbirth</i>	Selene E Sparks
Cindy S. Cheung	Teddy McGraw – <i>MS</i>	Krystal Stillwell
Amelia Cohn	Jenny Oertell	Dane Vander Wall
Gemma G Coronel	Martha L Pace	Renée West
Mikaela R Flanagan	Natchanun Phunthanateerakul	Jade Wienbar
Kristina Fortuna	Daniel Pinsky	Heidi B Wilson – <i>MS</i>
Ku‘ulei Funn – <i>MA</i>	Bethany Cattleya Porten	Tara Elizabeth Zwicker

# Naturopathic Physician's Oath

I dedicate myself to the service of humanity as a practitioner of the art and science of Naturopathic medicine.

I will honor my teachers and all who have preserved and developed this knowledge and dedicate myself to supporting the growth and evolution of Naturopathic medicine.

I will endeavor to continually improve my abilities as a healer through study, reflection, and genuine concern for humanity. I will impart knowledge of the advanced healing arts to dedicated colleagues and students.

Through precept, lecture, and example, I will assist and encourage others to strengthen their health, reduce risks for disease, and preserve the health of our planet for ourselves, our families, and future generations.

According to my best ability and judgment, I will use methods of treatment which follow the principles of Naturopathic medicine:

- First of all, to do no harm.
- To act in cooperation with the Healing Power of Nature.
- To address the fundamental causes of disease.
- To heal the whole person through individualized treatment.
- To teach the principles of healthy living and preventive medicine.

I will conduct my life and the practice of Naturopathic health care with vigilance, integrity, and freedom from prejudice.

I will abstain from voluntary acts of injustice and corruption.

I will keep confidential whatever I am privileged to witness, whether professionally or privately, that should not be divulged.

With my whole heart, before this gathering of witnesses, as a Doctor of Naturopathic Medicine, I pledge to remain true to this oath.

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## ADOPTED BY THE

American Association of  
Naturopathic Physicians  
(AANP) in 1992.

Class of 2022

# Congratulations on your graduation!

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Welcome to the NUNM alumni community! As you join our global network of scholars and practitioners, we invite you to remember that the connections you've made during your time in school will remain sources of support for you in the future.

To further your success, we encourage you to enjoy university resources such as NUNM's Continuing Education content, the Find an NUNM Practitioner listing, networking events and the employment opportunities listed on the MyCareer job board.

We'll stay connected to you through the Alumni Quarterly newsletter, where we'll share news and updates on NUNM happenings. We encourage you to reach out to us too! Whether you have exciting professional news to share or simply want to update us with your new contact information, please connect with us at [alumni@nunm.edu](mailto:alumni@nunm.edu). And stay tuned for more information about our virtual Homecoming, taking place this Fall!

As a member of the NUNM alumni community, you have access to resume and CV reviews, interview preparation, and career advising. Learn more about NUNM Career Services offerings at the QR below and reach out to [careerservices@nunm.edu](mailto:careerservices@nunm.edu) to make an appointment.

Wishing you all the best on your journey,

**Emma Britton**

Manager, Office of Career Services

**Carrie Baldwin-Sayre**

Director of Development

## A BRIEF HISTORY

National University of Natural Medicine (NUNM) is the oldest accredited naturopathic medical school in North America and a leader in the profession.

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Drs. Charles Stone, W. Martin Bleything, and Frank Spaulding founded the school in 1956 in Portland, Oregon, as National College of Naturopathic Medicine. The institution changed its name in 2016 to National University of Natural Medicine to reflect its new academic status as a university with the addition of undergraduate degree programs.

NUNM was established originally as a college of naturopathic medicine, offering its graduates a Doctor of Naturopathic Medicine (ND) degree. For more than

60 years, NUNM has sought to preserve and convey the traditional modalities of naturopathy and honor the principles that guide naturopathic care:

- First do no harm
- The healing power of nature
- Identify and treat the cause
- Treat the whole person
- Doctor as teacher
- Prevention is the best cure

In the fall of 1992, the school began plans to develop a curriculum that would emphasize the holistic spirit of the classical teachings of Chinese medicine.

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This came to fruition with the Master of Science in Oriental Medicine (MSOM) degree, which was inaugurated in 1996. The university has continued to steadily add degrees over the years, including:

- Master of Science in Integrative Medicine Research (2011)
- Master of Science in Nutrition (2014)
- Master of Science in Global Health (2014)
- Master of Science in Integrative Mental Health (2015)
- Doctor of Science in Oriental Medicine (2015)
- Bachelor of Science in Nutrition (2016)
- Bachelor of Science in Integrative Health Sciences (2016)
- Master of Science in Ayurveda (2018)
- Accelerated Bachelor to Master of Science in Nutrition (2019)
- Master of Arts in Community Organizing and Social Activism (2020)
- Master of Arts in International Development and Service (2020)

NUNM is alma mater to thousands of alumni who practice in nearly every state and Canadian province, and in many foreign countries.

## LEADERSHIP & FACULTY

### Board of Directors

Adina Matasaru  
**JD**  
*Chair*

Noel Snodgrass  
**DC**  
*Vice Chair*

Winston Cardwell  
**ND, LAc**  
*Treasurer*

Leah Hollon  
**ND, MPH**  
*Secretary*

Ron Brey

Sonia de Quateli Doi  
**MD, MA, PhD**

Carrie Louise Daenell  
**ND, MBA**

Hector A Olvera-Alvarez  
**PhD, PE**

Daniel Assisi  
**EdD, MPA, PMP, ACC**

Michael J Cronin  
**ND**

### Executive

Melanie Henriksen  
**ND, LAc, CNM**  
*Interim President*

Gerald Bores  
**MBA**  
*Executive Vice President of  
Finance & Administration |  
Chief Financial Officer*

Kathy Stanford  
**MS, PHR**  
*Vice President of Human  
Resources*

Nora Sande  
**MBA, CASP**  
*Vice President of Health Centers  
& Auxiliary Operations*

### Administration

Kelly Baltazar  
**ND, DC**  
*Dean, College of Naturopathic  
Medicine*

Andrew Erlandsen  
**ND**  
*Dean, School of Undergraduate  
and Graduate Studies*

Andy McIntyre  
**LAc**  
*Dean, College of Classical  
Chinese Medicine*

Dee Saunders  
**ND, MSIMR**  
*Dean of Graduate Medical  
Education and Clinical Affairs*

Jessica Nagelkirk  
**ND**  
*Chief Medical Officer, Dean of  
Clinics*

Ryan Bradley  
**ND, MPH**  
*Director of Research & Senior  
Research Investigator*

Thomas Winston Morgan  
**MA**  
*Executive Director, IPSL Global  
Institute*

### Faculty

#### SCHOOL OF UNDERGRADUATE & GRADUATE STUDIES

Sherry Bonekat – **MS**  
Emma Britton – **MA**  
Elona Casady – **MPH**  
Dulcie Childs – **MSN, LD, RD**  
David Darter-Saunders – **MS**  
Chelsie Falk – **ND**  
Kira Freed – **MScN**  
Lindsay Marshall – **MA**  
Kimberly Queen – **PhD, LPC,  
CNS**  
Savita Rajurkar – **Doctor of  
Medicine (India), PhD, ND**  
Lisa Regan-Vienop – **MPH**  
Ian Rubin – **MA**  
Nicole Toussaint – **PhD**  
Madeleine Tuson-Turner – **ND**  
Heather Zwickey – **PhD**

#### COLLEGE OF CLASSICAL CHINESE MEDICINE

Xiaoli Chen – **Doctor of  
Medicine (China)**  
Heiner Fruehauf – **PhD,  
Founding Professor**  
Kenneth Glowacki – **MEd,  
DACM**  
Rihui Long – **Master of  
Medicine (China), Emeritus**  
Daniel Silver – **MTCM**  
Brandt Stickley – **MSTCM**

#### COLLEGE OF NATUROPATHIC MEDICINE

Tammy Ashney – **ND**  
Amy Bader – **ND**  
Richard Barrett – **ND**  
Lai Chim Chan – **ND**  
Bracey Dangerfield – **PhD**  
Daniel DeLapp – **DC,  
DABCO, LAC, ND**  
Maleah Ermac – **ND**  
Megan Golani – **ND**  
Richard Lok – **ND**  
Gaia Mather – **ND**  
Katherine Patterson – **ND**  
Anna Peterson – **ND**  
Nancy Scarlett – **ND**  
Tom Walton – **DC**  
Kimberly Windstar – **MEd,  
ND**

#### ND RESIDENTS

Angela Hardin – **ND**  
Ruth Carden – **ND**  
Alison Erdahl – **ND**  
Girija Bhonsle – **ND**  
Taylor Boham – **ND**  
Hannah Edmond – **ND**  
Vileka Fisher – **ND**  
Kristen Kelly – **ND**  
Malina Montenegro – **ND**  
Jakob Schmidt – **ND**  
Sarah Tindall – **ND**



# Thank you for joining us!

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[NUNM.EDU](http://NUNM.EDU)

